

# BONNIE'S 3RD GRADE CABBAGE PROGRAM

Dear Students & Parents,  
Bonnie Plants wants to share our love of vegetable gardening by giving you a healthy cabbage plant for your garden. When it reaches maturity, take a photo of the cabbage and student together and give it to your teacher. The best cabbage photos result when all the leaves are left on the cabbage head.



Bonnie will award a \$1,000 Scholarship to one student from each state. The winner will be selected through a random drawing of each class winner. Class winners are selected by their teacher. The teacher's selection will be based on the cabbage head size as well as the overall appearance of the photo. For fun, try to weigh the cabbage and report it to your teacher. But note that the cabbage weight alone will not determine the contest winner.

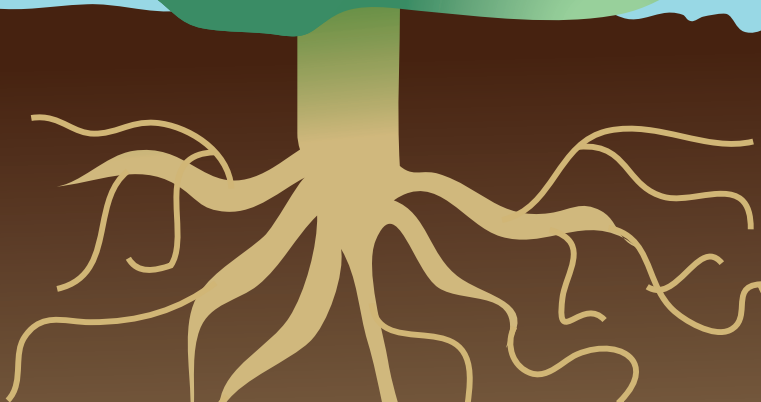
**Entry deadline is September 16th.**

Children have a natural curiosity about the world. Watching a plant grow can develop into a lasting love of gardening. From seeing thousands of participants each year, kids are always fascinated by a giant cabbage plant that can grow to over 40 pounds!

Cabbages grow big huge leaves! Allow a 4 foot space around each plant.

For best results, plant directly into the garden. Can also be planted in a container filled with all purpose potting soil.

Visit [www.bonnieplants.com](http://www.bonnieplants.com) for planting and care instructions. Just click on 'Cabbage Program' and then on 'Growing Cabbage'.





*Home gardeners have trusted Bonnie Plants for over 90 years*  
**GROWING TIPS** check out more growing tips online at [www.bonnieplants.com](http://www.bonnieplants.com)

**CABBAGE FAMILY**

Several garden vegetables are called ‘cole crops’. This is a general term used for all the varieties in the mustard family that are actually the same genus and species such as cabbage, collards, broccoli and cauliflower. Bonnie’s cole crops are grown in multiple containers developed to promote strong root growth. When transplanting, lightly loosen the root ball and bury the plant up to the same depth as it was growing in the container.

**ONIONS**

Bonnie’s onions are offered in bundles of 60 plants, in *4 Packs*, as well as pots with 8-12 plant in each. Onions are best grown in direct sun in raised beds 4” high and 20” wide. Plant them approximately 1” deep with 4” between each plant. Be sure to try the ‘Georgia Sweet’ variety!

**TOMATOES**

These are America’s favorite vegetable! When planting, about 2/3 of the plant should be buried into the soil. This ensures a strong start and the plant will remain upright. It’s OK to bury some of the leaves. Tomatoes contain lycopene, which promotes good health. Be sure to plant the Bonnie ‘Original’ tomato as well as the grape and cherry varieties.

**PEPPER AND EGGPLANT**

Plant these after the last frost when the soil is warm. Plant them up to the same depth as it was growing in the container.

**CUCUMBER AND SQUASH**

Kids love to grow vining veggies! Plant them after the last frost when the soil is warm, usually after you have planted tomatoes and peppers. Be sure to also try Zucchini Squash!

**HERBS**

Herbs are a family of plants typically used for seasoning, fragrance and certain medicines. Herbs are versatile and easy to grow. The plants in the category have a variety of growing requirements and growth patterns. Some will prefer dry soil and full sun. Others do well in shaded, moist areas. Pineapple Sage, Rosemary and Mint fill the garden with their delightful fragrance. Pineapple Sage, Bee Balm and Lavender provide stunning displays of color.

**FLOWERS**

No garden is complete without beautiful, colorful flowers. Bonnie’s flowers come in 5” biodegradable peat pots. Look for our Lantana, Portulaca, Sun Coleus, Dragon Wing® Begonia and Vinca.

## Bonnie’s 3rd Grade Cabbage Program CHECK OFF CALENDAR

	WATER	WEED	FERTILIZER	BUG CHECK
<b>WEEK 1</b>				
<b>WEEK 2</b>				
<b>WEEK 3</b>				
<b>WEEK 4</b>				
<b>WEEK 5</b>				
<b>WEEK 6</b>				
<b>WEEK 7</b>				
<b>WEEK 8</b>				
<b>WEEK 9</b>				
<b>WEEK 10</b>				