

# Student Growing Guide



## Welcome to Bonnie Plants' 3rd Grade Cabbage Program!

Visit [bonniecabbageprogram.com](http://bonniecabbageprogram.com) to learn the proper steps for caring for and harvesting your new friend! Once your cabbage is full-grown, you'll want to weigh it and take a picture of it to submit to your teacher. Your teacher will then choose one winner from your classroom, whose name will be included by Bonnie Plants in the random drawing for a \$1,000 scholarship and statewide recognition. Good luck!

**Submissions MUST BE turned in to your 3rd grade teacher no later than September 20, even if you've moved on to the 4th grade. You're still eligible to win!**



**PARENTS:** Visit us at [bonniecabbageprogram.com](http://bonniecabbageprogram.com) to watch the parent video and to show your child the student video.

All of this info is also in video form at [bonniecabbageprogram.com](http://bonniecabbageprogram.com)

Choose a planting spot that receives full sun and is away from any buried cables, wires or pipes. Allow at least 3 feet on all sides of your planting hole for your cabbage to become humungous! You can plant in an 18-24 inch diameter pot instead if you like.



After choosing a spot, use a shovel to loosen the soil. Mix in a few shovels of compost to enrich the soil. If you are planting in a container, fill the container with premium quality potting mix.



If your cabbage comes in a biodegradable pot, drench it with water until dark brown, remove the label, and tear off the bottom and the rim. If your cabbage comes in a plastic container, remove it before planting. Gently tickle the bottom of the roots to loosen them before placing in the hole.



Using your hands or a trowel, make a hole for your cabbage. Plant it so an inch or two of the stem is buried. Fill in the hole around the plant with soil and then press down firmly to remove any air pockets.



Gently water your plant regularly using a watering can or a hose with sprinkler nozzle. Feed your plant with Bonnie Herb and Vegetable Plant Food™ or other all-purpose fertilizer, according to package instructions. Ask a parent to help you harvest after 8-10 weeks.



# Weekly Care Check List



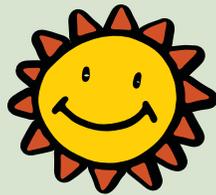
Use this check list to keep track of the care you give your cabbage each week. After 8-10 weeks you should have a healthy, full-grown cabbage!

	WATER	WEED	FERTILIZER	BUG CHECK
WEEK 1				
WEEK 2				
WEEK 3				
WEEK 4				
WEEK 5				
WEEK 6				
WEEK 7				
WEEK 8				
WEEK 9				
WEEK 10				



## Stuff You Need To Know!

After I've planted my cabbage, how do I make sure it's growing properly?

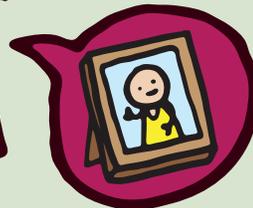
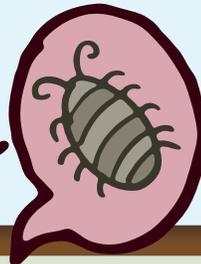
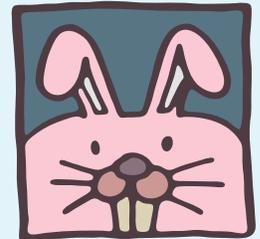


Make sure you water it, feed it, pull weeds, and protect it from frosts or freezes.



What should I do if I see bugs on my cabbage or holes in the leaves?

Look for help at [bonniecabbageprogram.com](http://bonniecabbageprogram.com) under the 'Students' tab.



How will I know when my cabbage is fully grown and ready to harvest?

8-10 weeks after planting, your cabbage should have formed a head and be ready to pick. The head should feel solid and firm. Ask an adult to help you cut the cabbage at ground level.

How do I take a good photo of me and my cabbage?

The most important things are that both you and your cabbage can be seen clearly, that you're fully dressed (no bathing suits!), and that you wait until your cabbage is nice and big. You can find more tips for taking great photos at [bonniecabbageprogram.com](http://bonniecabbageprogram.com).